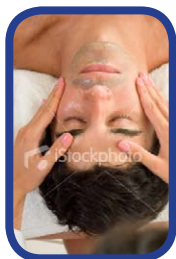


Treatments For Men

Male Skin Overhaul

After the skin is thoroughly cleansed and then gently exfoliated, the relaxing facial massage takes place. This is then followed by our hydrating and de-toxifying Jurassic mud masque, whilst a soothing, deeply relaxing head massage is carried out incorporating our hair and scalp treatment. Finally, a hot towel infused with essential oils refreshes the skin before our anti-oxidant skin protector treatment is applied leaving the skin feeling truly indulged. **60 mins**



Executive De-Stress Facial

Especially designed for men, this unique facial concentrates on releasing stress and tension. This skin is deep cleansed and exfoliated under steam, followed by our unique clay mud mask which nourishes and purifies the skin finishing our skin protectant formulated especially for men. All this is only **30 minutes!**

Sports Pedicure

Your feet will be rejuvenated in our mineral and mud soak. This is followed by our complete nail and cuticle maintenance and corn and callus treatment... An exfoliating foot scrub then removes areas of hard skin a generous application of Sports Massage oil relaxes and revitalizes legs and this intense lower leg and foot massage with Foot Recovery Gel completes this treatment to re-energise the feet. **30 mins**

Vitaman Man-i-Cure

This is an intensive hand and nail treatment, essential for every man. After complete nail and cuticle maintenance, hands are thoroughly exfoliated with our salt scrub, reducing areas of hard skin and removing dead skin cells. **30mins**

Massage

Relieve Stress Ease Tension

Body Nirvana Relaxation Massage
Remedial Massage
Swedish Massage
Shiatsu Massage



Waxing

Brows
Lip or Chin
Half leg/lower
Half leg/upper
Half leg and bikini
Bikini line from
Full leg and bikini
Underarm
Arms
Back
Chest and Stomach



Tinting

Eyebrows
Eyelash
Lash and Brow

HOPi Ear Candling

Make -up

Bridal make-up
includes trial
Special Occasion



Marina Massage & Beauty Centre

*Every Man and Woman
needs a bit of indulgence...*

Ph: 49827773

Soldiers Point Marina
Sunset Boulevard
Soldiers Point NSW 2317

**Hand
& Foot
Treatments**



**Facial
Treatments**



**Body
Massages**



For The Face

Because you are an individual, we will tailor your facial to your skin's requirements. Whether your skin needs rehydrating, a vitamin C boost, antioxidant or an anti-aging treatment, or if your skin is extremely sensitive or problematic, our expert therapists are here to help.



Ultimate Indulgence

This facial begins with a complimentary brow wax, then deep cleansing and gentle exfoliation to prepare your skin. Following this is our divine, extended head, décolleté and shoulder massage, performed under steam to release all signs of tension from the facial contours using ampoules and creams. Intensive serums are caressed into the skin which is then infused with a prescription lift-off rubber mask. While your mask is busy at work, we will pamper your feet with a divine mineral cream designed especially for your feet ...truly a facial to be experienced.

90 mins

Deluxe Facial

We start with deep cleaning and exfoliation to prepare the skin before moving on to a soothing face, neck décolleté and shoulder massage under steam. A specific mask is then applied to leave the skin feeling rejuvenated and radiant. Come and be completely relaxed ...**70 mins**

Mini Facial

This facial is for those on a time limit. Slightly less pampering but still all the maintenance benefits. 35 mins Professional Peel Exceptional exfoliation utilising AHA-glycolic acid. This treatment offers remarkable results for sun damaged, hyper pigmented, premature aging, oil, clogged or acne skin.

30 mins

Eye Contour Treatment

Added to any facial, this treatment is specifically designed for the eye area to combat the signs of ageing by rehydrating and smoothing out fine lines using specialised products. This treatment helps reduce the appearance of puffiness and dark circles.



For The Body

Exfoliating Back Treatment

This treatment is for one of the most neglected part of the body. Most of us have congested pores and desperately need deep exfoliation. Includes back exfoliation, followed by a warm mud mask, and finished with a light anti-stress massage, using our mineral body lotion.

For The Hands And Feet

Deluxe Manicure

Aromatic soak, relaxing hand and arm massage, filing and shaping of nails, cuticle treatments, buffing and polish.



Mini Manicure

Warm aromatic compress, moisturise, buff and polish.

Pedi-Cure

Aromatic soak, exfoliation, cuticles treated, nails shaped, relaxing massage using our mineral foot cream, toenails buffed and polished.